



Discussion starters Chapter 10

1. Before you read this chapter, what did you think about the place of lament in the prayer life of a Christian? Has your thinking changed at all?
2. Charlie includes the following quote from Walter Brueggemann: 'A community of faith that negates lament soon concludes that the hard issues of justice are improper questions to pose at the throne, because the throne seems only to be a place of praise.' Do you think this is true? Why/why not? How often do you pray about issues of justice?
3. We naturally want to avoid grief and suffering in our lives, but Charlie says that 'the soul grows larger through suffering' and that grief can develop maturity in us. Reflect on any experiences of grief and suffering you have been through. How did you wrestle with them before the Lord? What fruit can you see from those times?
4. Charlie gives examples of times when he has failed to lament well, and times when he has learned to do it better. What do you think it looks like to lament well? Maybe it is helpful to create two columns – of good and bad approaches to grieving.

