



'Music of Eternity' Discussion Questions **Session 2: Advent: Awaiting God's Coming** **(Christ is Coming)**

What might you cut out of your weekly activities so you have more time to attend to God in prayer? What distracts you when you try to wait for God in prayer, and what helps you stay attentive, patient and unhurried?

What are some of the unexpected ways God has met you in the past, and where do you think God may long to meet you now? What practical things might you do to nurture a greater expectancy of God's Presence this Advent?

How easy or difficult do you find it is to shut yourself away to pray? Perhaps you long for those moments; perhaps you feel you lack time or privacy or struggle to let go of the stresses and strains of the day.

Evelyn reminds us that silence and action are linked. As members of Christ's mystical body, the Church, we're part of the 'organism through which Christ continues to live in the world'. How do you feel you might 'incarnate' something of Christ's generous spirit to other people?

Imagine God gazing at you with love, compassion and deep understanding. Could it be He's gently nudging you to reorder your life in some way?