

God's Book

'Wise answers to challenging questions.
Hugely helpful!' Bear Grylls

An Honest Look at the
Bible's 7 Toughest Topics

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Questions for Discussion or Reflection

Session 3 - Exodus & the Law

Icebreaker

Did you ever break a small rule as a kid and look back on it with a smile now?
What happened?

1. When Thomas the Tank Engine leaves the tracks, he feels free but quickly becomes stuck. Where do you see similar patterns unfolding in the way our culture talks about freedom, limits, or self-expression today?
2. The Ten Commandments begin with a reminder, 'I am the Lord your God, who brought you out of Egypt, out of the land of slavery' (Exodus 20:2). How does starting with grace and rescue, rather than command or demand, reshape the way we read both the law itself and our relationship with God?
3. Israel received these laws as a newly formed people. How does that help you see the law as part of God's unfolding movement toward justice rather than a complete or ultimate expression of his intentions?
4. When you encounter Old Testament laws that feel morally troubling or offensive, what is your first instinct? Do you dismiss them, defend them, or distance yourself from them? What do you think that instinct reveals about how you're approaching the Bible?
5. Many Old Testament laws regulate areas like work, family life, rest, and social responsibility. When you see these laws within Israel's covenant with God, what kinds of rhythms of life do they shape in worship, relationships, and life together — and are there any of those rhythms you think we've lost, neglected, or might want to recover today?
6. Jesus taught that the heart of the law is love: 'Love the Lord your God with all your heart and with all your soul... [And] love your neighbour as yourself' (Mark 12:30–31). How does reading the law as moving toward love, rather than being only about rule-keeping, change the way you hold its more difficult parts?
7. What's one thing from today's conversation that has shifted, clarified, or enriched the way you think about the Old Testament law?