

God's Book

'Wise answers to challenging questions.
Hugely helpful!' Bear Grylls

An Honest Look at the
Bible's 7 Toughest Topics

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Questions for Discussion or Reflection

Session 7 - Letters & Sex

Icebreaker

What's a funny or unusual nickname you've had, and what's the story behind it?

1. Andrew places sex within the wider story of creation, redemption, and hope. Before thinking about right or wrong, how would you describe the messages about sex and intimacy that most people in our culture are surrounded by today, and what do those messages tend to promise?

2. In the creation story, sexual intimacy is framed as covenantal and committed: 'That is why a man leaves his father and mother and is united to his wife, and they become one flesh' (Genesis 2:24). In a Western culture that has become increasingly sexualised, with technology opening up new forms of 'intimacy', where do you notice tension between that vision and the messages people absorb today?

3. Paul wrote into a world where people were often used rather than cherished. Against that background, he reminds believers, 'You are not your own; you were bought at a price. Therefore honour God with your bodies' (1 Corinthians 6:19–20). As you sit with that, what questions, tensions, or fresh perspectives does this raise for you as you read Paul's teaching on sex?

4. Andrew contrasts 'Do you love?' with 'Will you love?' Scripture frames love not just as feeling but as commitment and faithfulness. If relationships were shaped more by promise than by emotion, what do you think would look different – in how people enter relationships, stay in them, or leave them?

5. The Bible presents sex as a good gift, but not an ultimate one, pointing beyond itself to deeper fulfilment. Jesus speaks of a future where human longing is finally fulfilled in God's presence (Matthew 22:30). Where do you see pressure today to treat sex as ultimate, and what do you think that pressure does to people over time?

6. Christians don't always agree on how to apply the Bible's teaching on sex, even though they share a love for God and a commitment to following Christ. What do you think it looks like to disagree well on these issues, with truth, humility, and love, within the church?

7. Given how personal and sensitive these issues are, Peter's instruction to speak with 'gentleness and respect' (1 Peter 3:15) feels especially relevant. What might that look like in practice when Christians talk about sex with people outside the church who do not share our beliefs?