Session 3
'Glory to God in the highest'

Ice-breaker

What is something that has brought you real joy recently?

Discussion

Bishop Eleanor connects God's glory with joy. Where have you experienced a sense of God's presence that has also brought you joy?

The angels announce joy in the middle of uncertainty and disruption. Where have you found joy in a season when life was not straightforward?

Eleanor reflects on praising God even when life is painful or uncertain. What do you think is the difference between genuine Christian joy and simply trying to stay positive?

Where do you most long to see good news, peace or joy break into your own neighbourhood or community?

Eleanor uses the phrase, "I am doing this for joy." What might it look like for joy to shape the way we follow Jesus, rather than simply being something we hope to feel?

Final reflection

Where might God be inviting you to choose joy, even when your circumstances are difficult?

Prayer

"God of joy, open our eyes to your presence and your goodness. Help us to rejoice with those who rejoice, to remain faithful in difficult seasons, and to carry your good news into the places around us."